

Workshop Series Application

Important information about the Workshop Series:

- SANQC will host specific funded workshops of their choice (includes the cost of registration, supplies and food)
- Application will be available in office and online; deadlines apply.
- Eligible applicants will have their application package completed by deadline, submit a statement of marks or an unofficial transcript showing a minimum 65% (or 2.0 GPA), will be Students' Association members in good standing and sign the consent and release forms.
- If selected, you will be contacted via e-mail with an approval letter and will be required to submit a signed copy, with deposit, to the SANQC Office by the outlined date on the letter.
- Deposit to hold your place is \$25 per person for each workshop you are approved for.
- Deposit is refundable if you attend the full workshop and submit your feedback evaluation by the designated deadline on your approval letter.
- Space is limited; priority will be given to individuals who have not taken previous Professional Development Workshop training.
- Applications are scored based on completeness by a sub-committee of Students' Council.
- There will be an information session to learn about the application process, how to make your application competitive and receive the deadlines.
- Individual sessions may have additional criteria, please see each workshop to determine if you would like to attend.

Submit completed application to the SANQC Office (1-114).

APPLICATION DEADLINE: May 8, 2019

Workshop Series Application

General Information

I am applying **Independently** **With a Friend(s) (up to a maximum of 3 people)**

Applicant 1

Name (print): _____

Program: _____

Email: _____

Phone: _____

Student ID#: _____

Applicant 2

Name (print): _____

Program: _____

Email: _____

Phone: _____

Student ID#: _____

Applicant 3

Name (print): _____

Program: _____

Email: _____

Phone: _____

Student ID#: _____

Workshop

Which workshop are you interested in attending? Select only one workshop per application.

- ASIST (Applied Suicide Intervention Skills Training) (Saturday, May 11 & Sunday, May 12)**
- First Responder to Sexual Assault and Abuse Training (Saturday, Jun 15 & Sunday, Jun 16)**
- The Inquiring Mind (Monday, June 3 & Monday, June 10 - Evening Class)**

For a description of each session please see attached page.

Acknowledgement

By signing this application you acknowledge:

- You and/or your group are available for the above selected workshop and you are able to pay the deposit if selected.
- You meet all of the eligibility requirements.
- You are able to provide your own transportation to the workshops (within the City of Edmonton)
- Any additional expenses are not covered by SANQC.
- You may be required to complete a screening for readiness to finalize your eligibility for the session.

Signature(s): _____ / _____ / _____

Date: _____

Scoring Applications

SANQC Support Sub-Committee will grade all applicants. Attached to this application package you must include the following. Missing item will be counted against you in a competitive scoring process.

Application check list:

- Statement of marks or unofficial transcript (for each person)
- Personal letter outlining your expectations for this workshop. Please include how this specific professional development workshop will enhance leadership skills, grow your learning and make an impact in your life. **Limited** to one single page.
If you are applying independently please submit your letter independently.
If you are applying as a group, please write your letter collaboratively (as one)

Workshop Descriptions

ASIST – Applied Suicide Intervention Skills Training

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone 16 or older can learn and use the ASIST model. Goals include: Learning to understand the ways that personal and societal attitudes affect views on suicide and interventions; gaining ability to guide suicide first aid to a person at risk in a way that meets their individual safety needs; identifying key elements of an effective suicide safety plan and the actions required to implement it; improving and integrating suicide prevention resources in the community at large; and recognizing the important aspects of suicide prevention including life-promotion and self-care.

First Responder to Sexual Assault and Abuse Training

The Students' Association, along with partners at the NorQuest College Centre for Growth and Harmony are presenting this course developed by the Association of Alberta Sexual Assault Services (AASAS). This training is intended to build the capacity of professionals, paraprofessionals and community members to assess and respond effectively to disclosures of sexual assault and sexual abuse. Survivors who receive safe and supportive responses to disclosures of sexual violence are more likely to reach out for help from medical and counselling services and/or report to police. First Responder to Sexual Assault and Abuse Training™ is a comprehensive two day training, inclusive of the full continuum of sexual violence and across the lifespan.

The Inquiring Mind

Spend a few hours learning more about College student mental health, stigma and discrimination on Campus. Participants will learn about resources and information to help themselves and to help others who may be trying to manage these issues. You'll walk away with tools you can use for the rest of your life.